

THE 7 PHOTOS TO TAKE

These photos are an additional support for the effective distribution of measured values on your final model.

- Standing photo taken from the **front**
- Standing photo taken from the **back**
- Back position with a « **zoom** » on the **lower back**
- Photo taken from the **front** standing position, **zooming** in on the **chest**
- Zoom in on an **elbow**, when **arm is bent** (see stage elbow padding, later in this guide)
- Side profile with one **leg lifted** at 90° (see stage knee padding, later in this guide)
- Standing photo taken from **back** with your **arms lifted**

Photos must be taken in the following positions (not blurred, or too dark):



Please **make sure that you have completed each stage** of the measurements form and that **you have made the 7 photos** in the positions requested.

Do not hesitate to send us comments you think are important.